

**GET  
VACCINATED!**



**FREE  
TANKS,  
GOODIES &  
MORE!**

**FRIDAY  
SEPT.  
7TH** <sup>20</sup><sub>18</sub>

**RECEIVE YOUR FLU  
AND/OR MENINGITIS B  
VACCINE!**

**9AM - 3PM**



**SHCC FRONT LAWN  
280 FLETCHER DRIVE,  
GAINESVILLE FL 32608**



**VISIT [SHCC.UFL.EDU/FLU](http://SHCC.UFL.EDU/FLU) FOR MORE INFORMATION**



# WHAT YOU NEED TO KNOW

## INFLUENZA (FLU)

**FLU VACCINE CAN:** KEEP YOU FROM GETTING FLU; MAKE FLU LESS SEVERE IF YOU DO GET IT; AND KEEP YOU FROM SPREADING FLU TO YOUR FAMILY AND FRIENDS. THE CDC RECOMMENDS EVERYONE 6 MONTHS AND OLDER GET THE FLU VACCINE EVERY YEAR, WHICH INCLUDES PROTECTION AGAINST MULTIPLE STRAINS.

### WILL THE FLU SHOT MAKE ME SICK?

THERE IS NO LIVE FLU VIRUS IN FLU SHOTS, WHICH MEANS THAT A SHOT CANNOT CAUSE THE FLU. THE MOST COMMON REACTION IS SORENESS, REDNESS OR SWELLING WHERE THE SHOT WAS GIVEN. IF ANY MINOR PROBLEMS OCCUR, THEY USUALLY BEGIN SOON AFTER THE SHOT AND LAST 1 OR 2 DAYS.

### DOES THE FLU VACCINE WORK RIGHT AWAY?

IT TAKES ABOUT TWO WEEKS AFTER VACCINATION FOR ANTIBODIES TO DEVELOP IN THE BODY AND PROVIDE PROTECTION AGAINST INFLUENZA VIRUS INFECTION. IN THE MEANTIME, YOU ARE STILL AT RISK FOR GETTING THE FLU. THAT'S WHY IT'S BETTER TO GET VACCINATED EARLY IN THE FALL, BEFORE THE FLU SEASON REALLY GETS UNDER WAY.

## MEN B

MENINGOCOCCAL DISEASE IS SERIOUS AND CAN BE DEADLY. ONCE CAUGHT, THERE IS A RISK OF DEATH, BRAIN DAMAGE OR AMPUTATION. THE BEST WAY TO PREVENT MENINGOCOCCAL DISEASE IS VACCINATION.

**TWO VACCINES ARE NEEDED TO BE FULLY PROTECTED AGAINST ALL FIVE TYPES: ONE VACCINE FOR TYPES A, C, W, AND Y -- AND THE NEW VACCINE FOR TYPE B.**

\* IT IS LIKELY THAT YOU ALREADY RECEIVED THE VACCINE FOR A, C, W, AND Y PRIOR TO ENTERING COLLEGE, AS IT IS CURRENTLY LISTED AS ONE OF UF'S MANDATORY VACCINATION REQUIREMENTS.

**THE NEW VACCINE, WHICH PROTECTS AGAINST MENINGITIS B, HAS ONLY BEEN RECEIVED BY LESS THAN 2% OF UF'S STUDENT POPULATION-- DESPITE BEING ON UF'S RECOMMENDED VACCINES LIST.**

**IN THE PAST 5 YEARS, THERE HAVE ALREADY BEEN OVER 5 MENINGITIS OUTBREAKS ACROSS COLLEGE CAMPUSES.**